

# Positive Parenting Techniques for Teens

Parenting teens can be challenging. Consistent and calm communication is your greatest tool to maintain positive and effective discipline and help teens learn from their mistakes.

- Be predictable by setting clear expectations and consequences.
- Look for opportunities to praise your teens to improve their confidence.
- Be a good role model by demonstrating the skills you want your teens to learn, such as keeping a commitment when you make one.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Scan for more tips on positive parenting for teens.  
[getparentingtips.com/tweens-and-teens/discipline/positive-parenting-techniques-that-work-with-teens](https://getparentingtips.com/tweens-and-teens/discipline/positive-parenting-techniques-that-work-with-teens)

