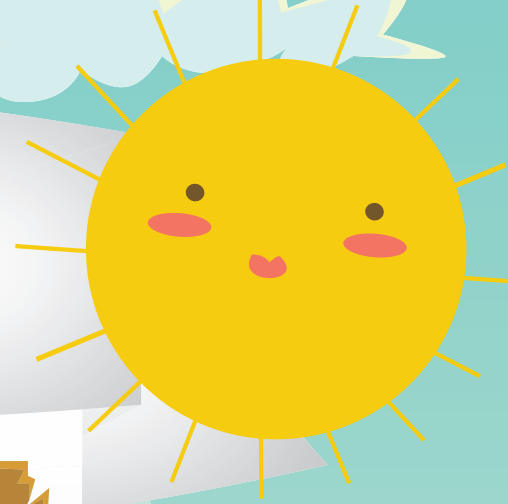


# TEACHING KIDS TO FOLLOW THE RULES



**DISCIPLINE IS NECESSARY AND IMPORTANT**

It teaches children their limits and what behaviors are acceptable. It helps them grow into responsible adults.

**DISCIPLINE SHOULD BE FIRM, FAIR, AND CONSISTENT**

Consistency means that you do the same thing every time. Always follow through on consequences. This builds respect for your rules.

**FOLLOW YOUR OWN RULES**

Children learn more from what you do than from what you say.

**RULES HELP CHILDREN DEVELOP SELF-CONTROL**

They also help kids understand what you want and need.

**ASK YOUR CHILDREN TO HELP CREATE THE HOUSE RULES**

When they help create the rules, they are more likely to follow them.

**HELP YOUR CHILDREN REMEMBER RULES BY DISPLAYING THEM**

Write down the rules on a poster or piece of paper. Include images for young children who can't read yet.

