



Caught in a Fib:

Teaching kids to tell the truth

Sometimes kids do not tell the truth because they fear the consequences or the truth is boring. Help your child grow up to be an honest and respectful adult. Be a role model and set a good example for your child.

- Praise honesty.
- Talk about “What is a lie?”
- Read books with your child that show honesty.
- Know the facts before accusing a child of not telling the truth.
- Focus on what happened rather than placing blame.
- Thank your children for telling the truth. Reduce consequences if they tell the truth.

Remember, model honesty and integrity yourself.

